



Reg Charity No 299736

**Saturday  
and Sunday  
27 & 28 April 2019  
10.00 – 5.30**

at Holiday Inn, Wrights Lane,  
High Street Kensington  
London W8 5SP

**Cost of weekend: £275  
Club Members/Friends £240**

**There are a limited number of bursaries for those with restricted finances.** For further information contact [admin@jungclub-london.org](mailto:admin@jungclub-london.org)

Bring your own lunch and eat with the other participants or explore the local cafes and restaurants

CPD Certificate available on request

**EARLY BOOKING IS ADVISED**

**PAYMENT:**

**By credit card:** click on 'About Us' on our website [www.jungclub-london.org](http://www.jungclub-london.org) and then 'Donations/ Payments'.

**By BACS:** Bank: Lloyds  
Sort Code: 30-95-35  
Account 00304455 C G Jung Club London  
Ref MM and your surname

**If paying by credit card or BACS, email [admin@jungclub-london.org](mailto:admin@jungclub-london.org) with details**

**By cheque:** with attached form

# YOUR DREAMS, BODY AND DARK ENERGY: THE DREAMBODY'S MESSAGE FOR OUR WORLD

*Arnold & Amy Mindell*

The "unknown" dreaming world tries to express itself in our bodies. In this 2-day seminar, Amy and Arnold will explore how your body symptoms contain messages about improving your relationship with yourself and the world. By connecting this with the new physics of the universe, that is with Dark Energy and Dark Matter, dreambody work expands into our connections with the cosmos for our world.

**Saturday:** Dreams, dreambody symptom processes, and your world task  
**Sunday:** Your dreambody's connection to the universe's dark energy for your relationships and world task.

**Arnold Mindell** PhD became a Jungian Training Analyst in 1977 and then developed Process Oriented Psychology, which is now practised in 35 countries worldwide. He has a private practice in Portland, Oregon and is

author of 23 books in over 35 languages, including *Quantum Mind and Healing*. He is on the editorial board of the journal 'Psychotherapy and Politics International'. Since 1983, with his wife Amy, he has worked in 27



countries, with awards and honours not only for his Process Oriented teaching but also for his organisational, diversity and conflict work, which includes being an adviser for leaders of several governments, military and UN teams.

**Amy Mindell** PhD qualified in Process Oriented Psychology in 1984 in Zurich and has a private practice in Portland, Oregon. She helped develop Process Work in the areas of coma, creativity and dance and works alongside her husband Arnold in Process Oriented Workshops and organisational, conflict and diversity work. She holds an honorary professorship at the Moscow Institute of Psychology and Psychoanalysis and was awarded a diploma in World Psychotherapy by the World Council of Psychotherapy's President in Moscow. Her work with art, music and puppets appears in her latest book *The Dreaming Source of Creativity*.

C G Jung Club London, PO Box 19017, London N3 3WY 020 8343 3387 [www.jungclub-london.org](http://www.jungclub-london.org)

To: Marilyn Rose, Club Administrator, PO Box 19017, London N3 3WY

Your Dreams Weekend– 27&28 April 2019

I enclose my cheque payable to the C G Jung Club London for [ ] £275 [ ] £240

Name \_\_\_\_\_ Tel or email \_\_\_\_\_

Address \_\_\_\_\_

*An acknowledgement of your place will be sent on receipt of application with payment*

## **A MESSAGE FROM THE C G JUNG CLUB COMMITTEE**

**Your Dreams, Body and Dark Energy:  
The Dreambody's Message for Our World**  
*Amy and Arnold Mindell*  
**Weekend Workshop in London**  
**27 and 28 April 2019**

The London workshop of "Your Dreams, Body and Dark Energy: The Dreambody's Message for our World" with Amy and Arnold Mindell will be held at the Holiday Inn, Wrights Lane, High Street Kensington, London W8 5SP.

The workshop will begin at 10am on Saturday and registration will be open from 9:30am. Coffee and tea will be served at that time to allow people to gather and meet informally.

It's a great location, in one of the many hearts of London, located a few minutes' walk from High Street Kensington Tube Station, which is on the District and Circle Lines. We share the weekend with the London Marathon, so do be prepared to book early for accommodation if you need it, to ensure you secure something that is comfortable for you without the escalating costs that will come with that particular event.

You can bring your own packed lunch if you wish or you can step out with others and visit any of the cafes, restaurants or English pubs in the vicinity. There are plenty to choose from and naming just a few they include Wagamama's High Street Kensington, a restaurant/cafe within Whole Foods Market, a lovely little place called Fait Maison and also Muffin Man. The latter is charming, but not great if you leave it to the last minute to venture out! You can search yourself for options through google maps and trip advisor. We will have access to a list on the day if last minute inspiration is needed.

As for accommodation we have negotiated a special rate for a limited number of rooms in the Hotel itself (single occupancy - £145 and double occupancy £155 both inclusive of VAT and breakfast). The rooms can be booked directly with the Hotel once you have paid the C.G. Jung Club London for your place on the course and it has been confirmed by our Administrator Marilyn. There is other accommodation quite close, with possibilities ranging from youth hostels, bed and breakfast, simple hotels and of course boutique options. Google maps, trip advisor or [booking.com](http://booking.com) will support you with your search. Airbnb might also be an invaluable option for some.

In addition, if you want to start your day there with breakfast, workshop participants not staying at the Hotel can take advantage of a special rate of £18.95 per person. You can also enjoy the leisure facilities including swimming pool for £20 per person or £5 if you are staying overnight.

The workshop will begin at 10am on the Saturday and registration will be open from 9:30am on the Saturday morning. Coffee and tea will be served at that time to allow people to gather and meet one another informally.

We are looking forward to meeting you and taking this dream journey with you....