

All I know for sure is that dreams are the pictures of states wanting to turn into processes ...maps of the beginning of an otherwise uncharted trip into the unknown.

Arnold Mindell

Collective Dreaming: A Five Day Facilitation Training

Embodying new patterns for facilitation, relationships, communities and the world.

14th to 18th February 2025

Cecil Sharp House, London NW1 7AY

This training is designed for anyone in a leadership role or involved in facilitation, as well as those called to develop or design regenerative practices. It is ideal for coaches, therapists, and others called to support life-sustaining processes in their work or practice.

We are all part of a long lineage, shaped by our ancestors and cultures. These influences, combined with our personal dreams, impulses, and passions, often conflict with the dominant "get ahead" paradigm prevalent in the global north.

5-day in-person training: Your own inner practice of awareness is key to facilitating outer events

This paradigm not only structures much of the world's thinking but also reinforces existing power structures which we will address in this intensive.

We exist in a field of mythical and dreamlike processes, which, when unfolded, reveal regenerative potentials.

Many processes, often overlooked in the hustle of daily life, hold the keys to personal and collective transformation.

Photo: Susi Petherick Photography

There is a deeper, self-organizing nature that manifests in our individual and collective dreams and life challenges. By paying attention to these dreamlike processes and subtle signals, we can access a felt sense of direction and inspiration that goes beyond conventional goal-oriented thinking.

PROCESSWORKUK

This worldwork training event is especially for facilitators, leaders in any sector, community builders and connectors, activists, therapists and anyone called to develop or design regenerative processes in your communities.

During our time together we will explore:

- **Collective and Individual Dreaming:** Explore individual collective dreaming and myths including early childhood dreams.
- **Rank and Privilege Dynamics:** Unfold the complexities of rank, privilege, structural and systemic dynamics in the field.
- **Trauma Responses in the Body:** Working with trauma in our bodies, as a cultural and inter-generational dynamic; debunking the cultural myth that it is only an individual issue.
- **Relationships:** Understand the reflective nature of our relationships, and how relationships belong within a cultural context.
- **Organisational Myths:** Teach organisations and leaders how to work with and unfold dreaming processes, connecting these to time spirits and our cultures.
- **Vision and Calling:** Link the vision and calling of individual facilitators to deeper dreaming processes, whether they occur during the night, day, or while awake.

“Our world needs our awareness of the roles, themes, and feelings we experience. ... We do not need more of the standard kind of leaders, but, instead are looking for sensitive facilitators with moment to moment awareness.”

Arnold Mindell

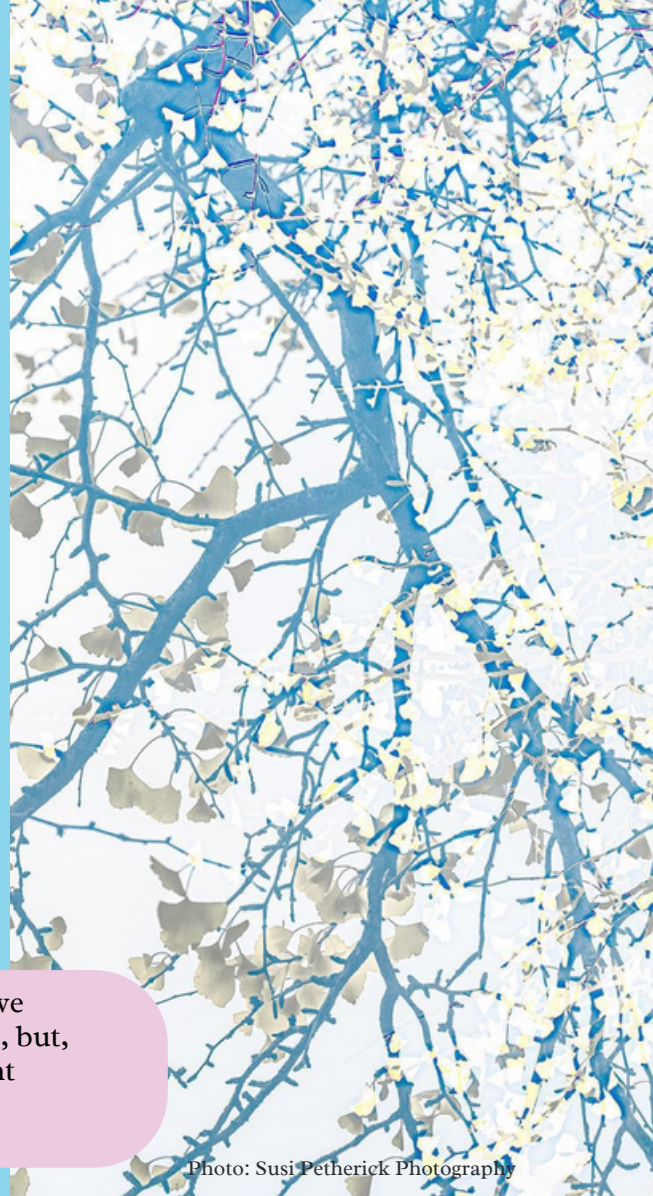


Photo: Susi Petherick Photography

We will practise making our collaborations and facilitations easier using a range of methods each day: innerwork, relationship work, small and large group systemic work to help unfold new strategies, develop skills and connect to a deeper sense of purpose.

We will explore new ways of learning about the essential interplay of inner work, and world and mythical process.

Apply and Register:

Fee £685

A limited number of partial work-study bursaries are available for people coming from different economies or experiencing financial hardship. Email us at admin@processworkuk.org

To register: Please email us at admin@processworkuk.org letting us know your wish to attend.

Intensives trainings attract a diversity of participants from all walks of life, including those of us seeking personal, professional and creative development. People often come to explore the link between personal awareness and their contribution in fields such as: conflict resolution, peace-building, social action, community building, diversity training and organisational development within international, governance, voluntary, business, religious and spiritual organisations, counselling and therapy, movement, arts, performance and education.

CPD Certificate of Attendance and Continuing Professional Development credits available.



The Teaching Team:

As well as long practicing psychotherapists and teachers, the main teaching team draw on rich seams of experience. Their work includes organisational development, deep democracy and open forum methods, environmental, social discrimination and structural discrimination issues in different ways. Centralising art and creativity methods, facilitating and leading at many different levels, local to regional to national and international projects.

We are all international teachers in processwork facilitation and currently support a range of initiatives across the globe. We will be joined by a team of processwork facilitators with linked experience.

Learn more about the teachers [Gill](#), [Andy](#), [Kate](#)

PROCESSWORKUK

“Our work pitches into this possibilitythat we can grow in our self-awareness (whether as individuals, organisations, communities or whole societies), so that we can discover our capacity and creativity and not only fall unwittingly into repeating the very problems we set out to resolve. “

Jean-Claude and Arlene Audergon

Dates and Times: 14th to 18th February 2025

The first day begins with coffee, tea and registration. Please arrive between 9.30 and 9.40 for a 10 am start. The seminar runs daily from 10 am to 5.30 or 6pm with breaks. The last day ends at 4 pm.

Venue: Cecil Sharpe House, London NW1 7AY, UK.

About Processwork

Processwork is a comprehensive and evolving model focusing on facilitating awareness at individual, relationship and collective levels. It has its roots in Jungian psychology, Taoism, Indigenous traditional wisdom, Justice movements, Systems Theory and Quantum Physics. It is applied in psychotherapy, group work, community and organisation work, in reconciliation, structural discrimination work, creativity, theatre and the arts. Processwork UK is a lively and thriving learning community of formal and informal students and practitioners from many backgrounds, cultures and countries.

About Worldwork

Worldwork was developed by Arnold Mindell. It is the application of Processwork methodology to understanding collective processes, and to working with dynamics of communication and conflict resolution as an individual, in relationship, in groups and teams, organisations, communities, societies and government.

“Deep democracy is the principle behind a community building process that hears all voices and roles, including our collective experiences of altered states, and subtle feelings and tendencies. It is a principle that makes space for the separable, the barely speakable and the unspeakable.”

Arnold Mindell

The logo for Processwork UK, featuring the word "PROCESSWORK" in a bold, sans-serif font, with "UK" in a smaller font to the right. Above the text is a stylized, horizontal, wavy line.

Important Note: This training is intended for all who are interested in learning how to practice and use Processwork awareness with themselves and others. The training is not therapy. It is not meant to replace any forms of treatment or therapy in which prospective participants may be engaged, and we recommend that you consult with any therapeutic practitioner you may have, prior to registering. It is an educational experience, meant to enhance personal growth and professional practice.

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