

Embodied Relationship: The Body Knows: An Embodied Facilitation Training Annual Course 2027



To facilitate is to relate deeply. In a world that fragments mind and body, sexuality, vitality and creativity, this training creates a structured experiential space to unfold embodied relational intelligence as a facilitative resource.

Our body experience is a deep source of creativity. Connecting with your *eros* -your vitality- bringing out your unique facilitation style.

In this training we will gain insights and tools that support us in our personal and professional lives.

Join us for a four-module journey into the multi dimensional approach of Processwork facilitation, queer and systemic awareness and whole-body relational wisdom.

This work is tender, rigorous and creative, designed for facilitators, leaders, therapists and those working at relational edges across contexts.

**Module 1 : 29- 31 January 2027 • In Person •
London**

Discover the Dreambody, Deep Democracy, Worldwork, working with movement and other non-verbal signals and how to use these concepts and tools in your life.

The course will be led by Gill Emslie, PhD (she/her) and Eva Karia, MA (they/them) and assisted by Carol Hardy, PG Dip (she/her), three experienced facilitators and faculty members of Processwork UK who are facilitating in business, community and individual settings.

Join module 1 as a standalone or continue deepening through all 4 modules, providing a thorough introduction to Process oriented embodied facilitation.

Super early bird fee for module 1 is £500, total for all modules £2080 if you register by September 1st.

Register by September 30th and pay early bird fee £530 mod 1/£2180 whole course.

Afterwards: £580 for module 1, £2400 for the whole course

To register: email us at admin@processworkuk.org

This Training is for

- Group facilitators, coaches and leadership practitioners
- Therapists, healers and somatic practitioners
- Queer, trans and gender-expansive people seeking embodied frameworks
- Anyone drawn to deepen their capacity to meet difference, disturbance, and intimacy with integrity

During our time together we will explore:

- Embodied Facilitation: Accessing your own essence as a creative life force in professional contexts
 - Working with movement signals, posture and somatic dreaming in yourself and others
- Systemic Awareness: Understand how the dynamics of rank, power and privilege influences all relationships
 - Unfolding unspoken dynamics, field phenomena, ghost roles and systemic polarities
 - Working with attraction and the dreaming process around connection
 - Integrating body symptoms and dreams as sources of information
 - Practising facilitating across structural power differences, working with what is present in the moment, in yourself, in the atmosphere and in your client(s)
- Unlocking the wisdom within conflict and disturbance
- Developing and honing your unique facilitation style



CPD Certificate of Attendance and Continuing Professional Development credits available.

We will practise making our collaborations and facilitations easier by using a range of methods each day: innerwork, relationship work, small and large group systemic work to help unfold new strategies, develop skills and connect to a deeper sense of purpose.

You will also be in a small mentoring group where you can go deeper, ask questions and explore how to put your learning into practice.

Module 1: The Body of the Facilitator

29–31 January 2027 • In Person • London

We explore embodied facilitation through the lens of gender, sexuality, and the body of the facilitator. What does it mean to bring your whole self into the room, how to work with the reactions that arise, and how to make this work genuinely accessible — including when the body is not an easy or safe place? Working with our physical experience as a source of information, we apply process-oriented tools to unfold movement signals, inner body sensations, and somatic intelligence and learn how to bring these into facilitation.

Module 1 opens the series but may also be taken as a standalone.

Module 2: Embodied Leadership

26–28 February • In Person • London

Discover and deepen your unique leadership and facilitation style. Why are you here- what is the vision that moves you, and how do you embody and live it? We will offer practical tools and skills and make room for you to apply what you are learning to your work and life. Attention will be given not just on the ‘what’ but on the ‘how’ - supporting you to bring your whole self into your facilitation, including process-oriented embodied conflict facilitation.

Module 2 will be only for people signed up to the whole course.

Module 3: Inner and Outer Ecosystems: an Innerwork Skills Training

15 - 18 May 2027 • In Person • London

Innerwork skills lie at the heart of Processwork facilitation. In this module, you will develop practical Processwork methods to deepen self-awareness and engage with your inner diversity. Explore body experience, different modes of perception, and relationship and world disturbances as pathways to self-discovery. Explore the Processmind as the deeper intelligence linking our inner and outer worlds.

Facilitated by Gill Emslie & Stanya Studentova PWUK

This module is open to the wider student body and the public.

Module 4: Worldwork and Creativity

June 11-14 2027 • In Person • London

The course culminates in this four-day in-person training for annual course participants only. We will integrate the skills to use our body experiences as information we can use to facilitate groups. We will focus on your unique facilitation style. There will be room for play and experimentation, creativity and learning.

Module 1 can be taken as a stand alone module. The four modular training is a prerequisite for entry into the longer Diploma programme.

Photo credit: Image by Yoel Winkler and by Joel Filipe respectively, both on Unsplash

This training is intended for all who are interested in learning how to practise and use Processwork awareness with themselves and others. The training is not therapy. It is not meant to replace any forms of treatment or therapy in which prospective participants may be engaged and we recommend that you consult with any therapeutic practitioner you may have, prior to registering. It is an educational experience, meant to enhance personal growth and professional practice.

To register: email us at admin@processworkuk.org



Gill Emslie, PhD, Dip POP UKCP, works internationally as a facilitator, psychotherapist, and consultant focusing on process-oriented regenerative practices supporting individual and collective agency to take leadership and facilitate change

Eva Karia, MA, Dip POP, UKCP works as facilitator, psychotherapist, supervisor and coach. Their private practice supports individuals and people in all kinds of relationships around themes of gender, identity, love, sex and sexuality. They work with a queer intersectional lens .

Carol Hardy, Dip POP, UKCP is a psychotherapist working with individuals, couples and groups.

WWW.PROCESSWORKUK.ORG

Explore our website to learn more about Processwork facilitation and UKCP-accredited psychotherapy.